



SEXUAL MEDICINE

vs. SEXUAL THERAPY

What is Sexual MEDICINE?

Sexual medicine encompasses the physical and psychological approach, diagnosis, and integrative medical treatment of sexual concerns. It is a medical specialty that addresses all matters related to sexuality.



What is Sexual THERAPY?

A subset of Sexual Medicine, sex therapy provides evaluation and treatment for sexual dysfunction, and utilizes methods involving counseling, psychotherapy, sex education, and behavior modification. Mainstream sex therapy does NOT involve physical, sexual contact.





SEXUAL MEDICINE

vs. SEXUAL THERAPY

Different Treatment Approach

to these most common sexual dysfunctions:

- Low Libido & Hypoactive Sexual Desire Disorder
- Ejaculation & Orgasm Disorders in Men
- Orgasm Difficulties in Women
- Intercourse Difficulty Disorders in Women
- Erectile Disorders in Men



When to See Your Sex Medicine Doc

These important concerns help to determine which sexual healthcare to seek out. Ask yourself:

1. Can I have intercourse without it being painful?
2. Am I able to get and/or maintain an erection with arousal and stimulation? Do I get nocturnal and/or morning erections?

Answering "NO" to these questions warrants a visit to your primary care sexual medicine doctor!

